

## Navajo Nation Safety & Loss Control Program Safety & Health Training - Winter Schedule

SLCP / RMP Conference Room  
Administration Building One, 2<sup>nd</sup> Floor, Window Rock, AZ

**Class Begins: 9AM-12PM & 1PM – 4PM**

### January, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Instructors	Wilfred Keeto	Dicky Bain	Richard H. Bates	
02	03	04	05	06
09	10 Personal Protective Equipment	11 General & Office Safety	12 Back Safety	13
16 <b>Martin Luther King Day</b>	17 Hazard Communication	18 Fire Prevention Training	19 Facility Inspection	20
23	24 <i>No Training</i>	25 <i>No Training</i>	26 <i>No Training</i>	27

Call and request for on-site safety presentation at your location.

Schedule is subject to change. Call to enroll at 871-6085

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**Class Begins: 9AM – 12PM & 1PM – 4PM**

### February, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Instructors	Wilfred Keeto	Dicky Bain	Richard H. Bates	
	Understanding Safety Data Sheet (SDS)	01 Personal Protective Equipment (PPE)	02 Evacuation Action Plan	3
06	07 Electrical Awareness	08 Bloodborne Pathogen	09 General & Office Safety	10
13	14 Introduction to Mold & Asbestos	15 Fire Prevention Training	16 Facility Inspection	17
20 <b>President's Day</b>	21 Personal Protective Equipment (PPE)	22 Electrical Awareness	23 Hazard Communication	24
27	28			

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SLCP / RMP Conference Room  
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**Class Begins: 9AM – 12PM & 1PM - 4PM**

## March, 2017

Monday	Tuesday	Wednesday	Thursday	Friday
Instructors	Wilfred Keeto	Dicky Bain	Richard H. Bates	
	HAZWOPER Awareness	01 Understanding Safety Data Sheet (SDS)	02 Facility Inspection	03
06	07 Bloodborne Pathogen	08 Personal Protective Equipment (PPE)	09 General & Office Training	10
13	14 Emergency Action Plan	15 Fire Prevention Training	16 Electrical Awareness	17
20 Presidents Day	21 Introduction to Mold & Asbestos	22 Hazard Communication	23 Facility Inspection	24
27	28	29	30	31

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### Safety Training List

**Information: 928-871-6085 Administration Building One, Window Rock, AZ**

**General & Office Safety:**

General overview on safety and Health. This interactive course is designed to familiarize new employees with the safety program and engage them in actively controlling workplace hazards, thereby helping prevent accidents. Safety training list continue:

**Personal Protective Equipment (PPE):**

This course provide information to help attendees conduct workplace assessments to determine if hazards are present, or are likely to be present, which necessitate the use of PPE. Course covers PPE for the eyes, face, foot, head and hands.

**Blood borne Pathogens:**

This course review what Bloodborne pathogens are, where they are found and the symptoms of hepatitis B and HIV/AIDS and the transmission of bloodborne diseases and routes of entry. The topic explains misconceptions, preventing infections, using PPE and handling sharps and spills

**Fire Prevention Training**

Teaches employees how they can help reduce the risk of fire and what to do in the event of one. A review of OSHA's top ten reasons why most workplace fire occur. How to properly store flammable liquids and best disposal. Proper selection and use of portable fire extinguishers.

**Confined Space Training:**

This course increase employees' knowledge of the hazards associated with entering confined spaces. Includes specific control techniques and the basic pre-entry procedures to safely perform work will be reviewed.

### **Lock-out and Tag-out (Control of hazardous Energy):**

This course focuses on stored, potentially hazardous energy sources: how to identify them, procedures required to help avoid life threatening situations, how to achieve a “zero energy state,” when to use locks and tags and rules to follow when using multiple locks.

### **General Electrical Safety:**

The importance and purpose of safe work practices for performing tasks around potentially hazardous electrical conditions in the workplace are discussed. This course provides students with the basic knowledge necessary to help avoid or minimize electric shock or electrocution.

### **Hazard Communication/HAZCOM:**

OSHA requires employees that are exposed to hazardous chemicals in the workplace receive HAZCOM training. This course provides managers, supervisors and employees with steps-by-step solutions for complying with each of the five major sections under OSHA’s Hazard Communication standard. OSHA’s revised the Hazard Communication Standard aligned with GHS is in effect, and all employees **must** be trained on the new label elements and SDS format by December 1, 2013.

### **Trenching and Excavation Safety:**

Participants will be instructed on field applications that help minimize the risks of employee injuries, accidents and equipment failures on the worksite. Course topics include hazard recognition, competent person roles and responsibilities, soil classification, site inspections, protective systems and general requirements of the trench and excavation regulatory standard.

### **HAZWOPER AWARENESS**

This course is designed for employees who are likely to witness or discover a hazardous substance release. Employees who attend this level course may be the individuals who would initiate the emergency response procedures by notifying proper authorities within an organization. Topics include hazardous materials identification, emergency response procedures, evacuation routes, reporting procedures and protocol to follow during a plant emergency.

### **Back Safety:**

The topic provides practical knowledge of back safety to help reduce the risk of injury or aggravating a pre-existing back problem. The anatomy of the spine is covered in order to understand how injury occurs and can be prevented. The different categories of back problems are reviewed and also include their common causes, first aid techniques, proper back posture methods and proper lifting procedures. Application of these basic back safety principles and practices both on and off the job can prevent the pain, discomfort and sometimes, disabling effects of an injury to the back.

### **Asbestos Awareness:**

Asbestos has become one of the most talked about hazardous materials in the workplace. This training course will give the background of what asbestos is, the places the products where it can be found and what real dangers it may pose. The presentation will also cover the composition, types, uses, health hazards and diseases associated with asbestos. A review of workplace programs, labeling requirements and the OSHA standard will also be conducted.

### **Office Safety:**

To help improve office safety, participants will be taught how to identify potential problems and take appropriate precautions to help reduce employee risk factors. Course topics include slips, trips and falls, lifting, ergonomics, being struck by or striking an object, being caught between objects, electrical safety, chemicals and fire safety.

### **Facility Inspection**

Safety & Loss Control Program has a variety of facility inspection checklists available to assist supervisors, chapter officials and employees charged with conducting inspection of their facility or specific work area. Such as buildings, electrical hazards, maintenance shops, warehouses, fire preventions and chemical storage.

### **Written Safety & Health Programs:**

OSHA requires several different safety, health and environmental written programs to be developed and maintained. These written programs must be updated when there are changes to policies, procedures, equipment or site issues affecting an employee’s job. General purpose programs and site-specific programs developed during session. Such as BBP, EAP, Fall Protection Plan, Fire Prevention Plan, HAZComm, LO/TO, and Confined Space Plan

### **NN – Safety Plan (NEW)**

Navajo Nation Safety Plan a review of employees’ general safety handbook. All Supervisors are encouraged to attend.

**Call and request for a customized “on-site” safety presentation.**